# Someone Else's Special Day

Practice with two toys before a family birthday. An adult helps with the feelings and the plan.

### Notice the feeling

One toy wishes the birthday presents were theirs. What could a grown-up say?

### Keep the boundary

The birthday toy opens its own present. The other toy can sit with a grown-up or take a break.

### Choose a kind way to join

Try a birthday greeting, a drawing or joining a game. A helping job is optional.

## Words to try

You wish it were your birthday today.

That present belongs to your sister. I will help you find something to do.

Would you like to sit with me or take a quiet break?

## Draw or tell

Draw a kind way you could join someone else's celebration.

Children do not have to hide disappointment or accept affection. Adults protect each child's celebration, boundaries and safety.